

First P.B.B.Sc. Nursing Examination, Winter 2018
NUTRITION AND DIETETICS

Total Duration : Section A + B = 2 Hours

Total Marks : 35

SECTION – A and SECTION – B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** Sections.

SECTION – A (25 Marks)

(5×5=25)

1. Short answer question (any five out of six) :
 - a) Factors influencing Basal Metabolic Rate.
 - b) List and explain the methods of preservation of foods.
 - c) Discuss diet for toddler planning and preparation.
 - d) Explain the advantages and principles of weaning.
 - e) Discuss the nutritional requirements of an adolescent.
 - f) Plan therapeutic diet for a adult with gastroenteritis.

SECTION – B (10 Marks)

(1×10=10)

2. Long answer question (any one out of two) :
 - a) Discuss the need for community nutrition programme, prepare a menu plan for elderly client suffering from hypertension.
 - b) Define malnutrition. Enumerate the nutritional deficiency disorders and discuss the factors to be considered in planning diet for a overweight schooler.



61302

First P.B. B.Sc. Nursing Examination, Winter 2017
NUTRITION AND DIETETICS

Total Duration : Section A + B = 2 Hours

Total Marks : 35

SECTION – A and SECTION – B

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 - 7) Use a common answerbook for **all** Sections.

SECTION – A (25 Marks)

1. Short answer question (any five out of six) : (5×5=25)
- a) Food adulteration and its effects.
 - b) Factors affecting food and nutrition.
 - c) Nutritional needs of adolescent.
 - d) Menu planning for lactating mother.
 - e) Goiter and its dietary management.
 - f) Diet for a child suffering with nephrotic syndrome.

SECTION – B (10 Marks)

2. Long answer question (any one out of two) : (1×10=10)
- a) Nutritional Programs.
 - b) Define peptic ulcer. What are the factors to be considered while planning diet for a patient suffering from peptic ulcer ? Plan a suitable diet for a patient suffering from peptic ulcer.



61302

First P.B.B.Sc. Nursing Examination, Winter 2016
• NUTRITION AND DIETETICS

Total Duration : Section A + B = 2 Hours

Total Marks : 35

SECTION – A & SECTION – B

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 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** Sections.

SECTION – A

(25 Marks)

1. Short answer question (any five out of six) : (5x5=25)
- a) Describe methods of cooking.
 - b) Define Balance diet and explain factors to be consider in planning balance diet.
 - c) Discuss food exchange system.
 - d) Discuss therapeutic diet for a patient with renal disorder.
 - e) Discuss weaning.
 - f) Explain recommended nutrient allowances for lactating mother.

SECTION – B

(10 Marks)

2. Long answer question (any one out of two) : (1x10=10)
- a) Explain nutritional problems in children and role of a nurse in preventing nutritional deficiency diseases.
 - b) Discuss effect of under nutrition on mother and explain causes, symptoms and prevention of anemia in pregnant women.



61302

First P.B.B.Sc. Nursing, Winter 2015

Nutrition and Dietetics

Total Duration: Section A+B = 2 Hours

Total Marks : 35

Instructions:

- 1) Use **blue/black** ball point pen only.
- 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All questions are compulsory.**
- 4) The number to the **right** indicates **full marks**.
- 5) Draw diagrams **wherever** necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame, The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answerbook for **all** sections.

Section "A" (25 Marks)

1. Short answer question (any five out of six) :

(5x5=25)

- a) Factors to be considered in planning diet ✓
- b) Cooking rules 3 ✓
- c) Advantages of supplementary feeding of infant 3 ✓
- d) Needs of nutrition education in community 3 ✓
- e) Protein energy malnutrition 4 ✓
- f) Routine hospital diets. 2

Section "B" (10 Marks)

2. Long answer question (any one out of two) :

(1x10=10)

- a) Discuss the methods and advantages of assessing nutritional status of community. ✓
- b) Define therapeutic diet. Discuss the dietary management of a client with cardiovascular disease. ✓